Virginia Department of Medical Assistance Services
Money Follows the Person Program
Fact Sheet 2012

Initiative

Money Follows the Person (MFP) is a demonstration project whose purpose is to provide supports to individuals for successful transition from institutions to community living.

Targeted Population

Individuals who have resided in a Nursing Facility (NF), Intermediate Care Facility for the Intellectually Disabled (ICF/ID), Institute for Mental Disorders (IMD), Psychiatric Residential Treatment Facility (PRTF), or Long-Stay Hospital (LSH) for 90 days or more.

Effective Date

July 1, 2008

Program Administration

The program is administered by DMAS.

Criteria

To receive MFP services, the individual must:

- Have resided for at least 90 consecutive days in a NF (any days spent in short-term skilled rehabilitation services do not count towards the 90 days), ICF/ID, LSH, IMD, PRTF, or a combination thereof;
- Be a resident of the Commonwealth of Virginia;
- Have received Medicaid benefits for inpatient services for at least one day immediately prior to MFP enrollment;
- Qualify for, and enroll into upon discharge, a Program for All-inclusive Care for the Elderly (PACE) or one of the following waiver programs:
  - Elderly or Disabled with Consumer-Direction Waiver (EDCD)
  - Individual and Family Developmental Disabilities Support Waiver (DD)
  - Intellectual Disabilities Waiver (ID)
  - Technology Assisted Waiver (TECH);
- Move to a "qualified residence." A qualified residence is: 1) a home that the individual or the individual's family member owns or leases; 2) an apartment with an individual lease, with lockable access and egress, that includes living, sleeping, bathing and cooking areas over which the individual or the individual's family has domain and control; or 3) a residence in a community-based residential setting in which no more than four (4) unrelated individuals reside.

Eligibility Rules

Individuals in MFP must be eligible for Medicaid and meet screening criteria; income limit is 300% of the SSI payment limit for one person.

Services Available

Individuals participating in MFP have access to the following MFP services:

- Transition Coordination up to two months prior to and 12 months following discharge from an institution (Only for individuals transitioning to the EDCD Waiver);
- Transition Services up to nine months, two of which can be prior to discharge from an institution;
- Assistive Technology (AT) for individuals who are enrolled in the EDCD Waiver, for up to 12 months after discharge from an institution;
- Environmental Modifications (EM) for individuals who are enrolled in the EDCD Waiver,

for up to 12 months after discharge from an institution; and
Supplemental Environmental Modifications through the Virginia Department of Housing and Community Development;
Please Note: Individuals also have access to the services and supports offered within the Waiver (or PACE program) they use. Individuals not entering EDCD Waiver receive case management for up to 1month prior to discharge from the facility and routine ongoing case management services through the Waiver in which they enroll.

Service Authorization

The Transition Coordinator or Case Manager works with the individual, their family, and the facility to develop a transition plan and establish MFP eligibility. The MFP enrollment and service requests are submitted to the entity that performs enrollment into the Waiver the individual will be entering upon discharge (PACE enrollees are processed by DMAS).

Service Limitations

Transition Coordination up to two months prior to and 12 months following discharge from an institution (Only for individuals transitioning to the EDCD Waiver);
Transition Services up to nine months, two of which can be prior to discharge from an institution. There is a $5,000 one-time, lifetime limit for transition services.
EM - $5,000 maximum per individual available only during the MFP year.
AT - $5,000 maximum per individual available only during the MFP year.

Quality Review

DMAS conducts Quality of Life surveys at the 1-and 2-year marks post transition. This survey establishes the individual's satisfaction with community living, ensures the individual's needs are met and necessary services are being provided.

Definitions
(12VAC30-120-70)

"Assistive technology" means specialized medical equipment and supplies including those devices, controls, or appliances specified in the plan of care but not available under the State Plan for Medical Assistance that enable individuals to increase their abilities to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live, or that are necessary to the proper functioning of the specialized equipment.

"Environmental modifications" means physical adaptations to a house, or place of residence, which shall be necessary to ensure the individual's health or safety, or enable functioning with greater independence when the adaptation is not being used to bring a substandard dwelling up to minimum habitation standards and is of direct medical or remedial benefit to the individual. Such modifications must exceed reasonable accommodation requirements of the Americans with Disabilities Act (42 USC § 1201 et seq.).

"Transition coordinator" means the DMAS-enrolled provider who is responsible for supporting the individual and family/caregiver, as appropriate, with the activities associated with transitioning from an institution to the community pursuant to the EDCD Waiver.

"Transition Services" means set-up expenses for individuals who are transitioning from an institution to a qualified living arrangement where the person is directly responsible for his own living expenses. Set up expenses include moving expenses, furniture, household supplies, rental and utility deposits, and other basic need items.

Reimbursement Rates	Reimbursement rates can be found on the DMAS website at *www.dmas.virginia.gov/ltc-home.htm*.
Number of Individuals Transitioned (As of June 30, 2012)	381 Individuals
Regulatory Basis	12VAC30-120-2000 and 12VAC30-120-2010
Program Contacts	Ms. Nichole Martin, Program Manager, Long-Term Care at (804) 371- 5016 or *nichole.martin@dmas.virginia.gov* or Ms. Ramona Schaeffer, Program Supervisor, Long-Term Care at (804) 225-3007 or *ramona.schaeffer@dmas.virginia.gov*. The DMAS website is *www.dmas.virginia.gov*.