

A Program of the Commonwealth of Virginia

# PACE

*Home and  
Community-based  
Choice for the  
Elderly*

**2013 Annual Report**



*Independence*



*Dignity*



*Peace of mind*

*Independence. Dignity. Peace of mind.*

A Letter From Terry A. Smith

Dear Community Partners and Families,

On behalf of the Department of Medical Assistance Services Program of All-Inclusive Care for the Elderly (PACE), it is my pleasure to present our 2013 annual report. This annual report will illustrate how PACE impacted the lives of the elderly within the Commonwealth by permitting them choice in their care setting and fulfilling their desire to remain independent in their own homes for as long as possible.

The growth of PACE programs in Virginia has been largely successful based on the partnership between DMAS and PACE providers who share the philosophy that institutional placement of individuals of advanced age and older individuals with disabilities cannot be the only option for the provision of services. In 2013, PACE enrolled 1087 participants. With ongoing quality oversight by the DMAS PACE team and joint service monitoring with the Centers for Medicare and Medicaid Services, we are anticipating continued growth in the coming year with a goal of serving more individuals who can benefit from the PACE model of care.

DMAS takes pride in supporting “the right care at the right time and place” preserving dignity, independence and quality of life for our elderly. We are proud that we have been able to provide services for families to provide them peace of mind by ensuring that their loved ones are cared for through the safe, compassionate and capable care of the PACE programs throughout the Commonwealth.



Terry Smith,  
Division Director of Long Term Care

Independence. Dignity. Peace of mind.

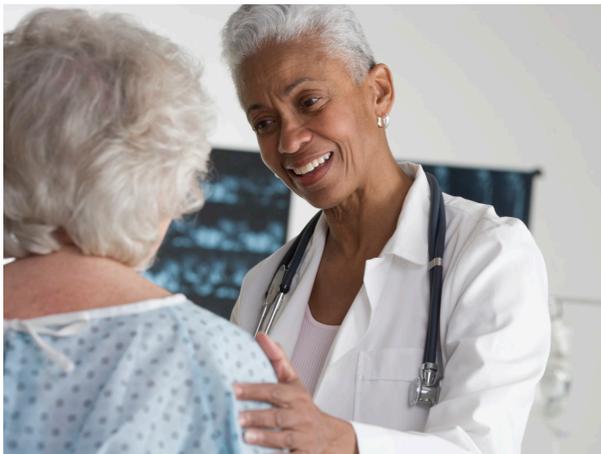
# The Virginia PACE Programs

Virginia offers a wealth of experienced providers. Virginia's PACE providers represent a variety of operational models. These models include: Health Care Systems, Area Agencies on Aging (AAA), Nursing Facility Corporations and Partnerships between Healthcare Systems and AAA. PACE provides the entire spectrum of health and long-term care services utilizing a capitated payment rate to provide comprehensive, coordinated services by a team of professionals: Primary Care Physician, Registered Nurse, Master level Social Worker, Physical Therapist, Occupational Therapist, Transportation Coordinator, Recreation Coordinator, Dietitian, Home Care Coordinator, Center Manager and Personal Care Aide.

## Profile of a Typical PACE Participant

Many of Virginia PACE participants have served in the military, worked as teachers, nurses, office workers, homemakers, and have lived in different parts of the country. While they have had diverse life experiences they all share the same desire to receive services in the community to preserve their dignity and independence. These participants are our fathers and mothers, our brothers and sisters...they are family. Since 2007 over 1500 individuals have participated in PACE. 98% live in their own homes/apartments; average age is 76 and 72% are female and 28% are male.

PACE Sites are located in



**“Wonderful program, lets my mother be able to stay home. It has improved her quality of life.”**

# Want to hear what our participants are saying?

*“Everything with my mom’s quality of life has improved.”*



*“Coordinated Team Care is the Best!”*

“I wouldn’t even think about having to live in a nursing home.”

*“There’s a doctor on hand if I need one, and they send aides to my apartment to clean and do the laundry.”*



## Real Stories of Changed Lives

### Reawakening of Lost Talents



A PACE participant, 74, an accomplished musician but sadly, his music had been silent for many years. Born and raised in South Korea, the PACE participant was a high school music teacher and choir director. After immigrating to the U.S., he turned to music as a personal passion rather than a professional path. Fifteen years ago he suffered his first stroke, lost his wife and son, and moved in with his daughter. "That's also when his dementia crept in and he lost all interest in music," his daughter recalls. In August 2012, she found PACE. There was a piano in the center and they asked him to play. While his family was doubtful, he now proudly entertains everyone with his music every day at the PACE Center.

Independence. Dignity. Peace of mind.



## Reuniting Families

*“We (participant and family) are greatly appreciative for this comprehensive program.”*

A PACE participant with morbid obesity on a planned weight loss program has also been successful in losing 132 pounds since enrollment in the program. The participant has provided concerts at the PACE center. With the help of PACE, he was able to travel to New York City by himself to visit his family at Christmas for the first time in years due to his increased mobility and independence.



19 Quality management reviews

## The Role of the State Administering Agency (SAA)

During the year, the SAA staff conducted on-going monitoring of the PACE sites. These monitoring visits were both unannounced or announced on site technical advisory visits (TAV's) and quality management reviews (QMR). In addition DMAS, CMS, and the PACE Organizations participated in quarterly conference calls to discuss quality indicators, trends, analyses and outcome measures. These oversight activities were essential to ensure the health and safety of the participants. It also ensured that PACE Organizations were providing a well functioning organizational environment for appropriate care to occur. The health, safety and welfare of participants enrolled in the PACE program are paramount to the success of the program and a major role in the SAA oversight responsibilities.



13 Technical Advisory Visits

**Current level of oversight helps assure the quality of care.**

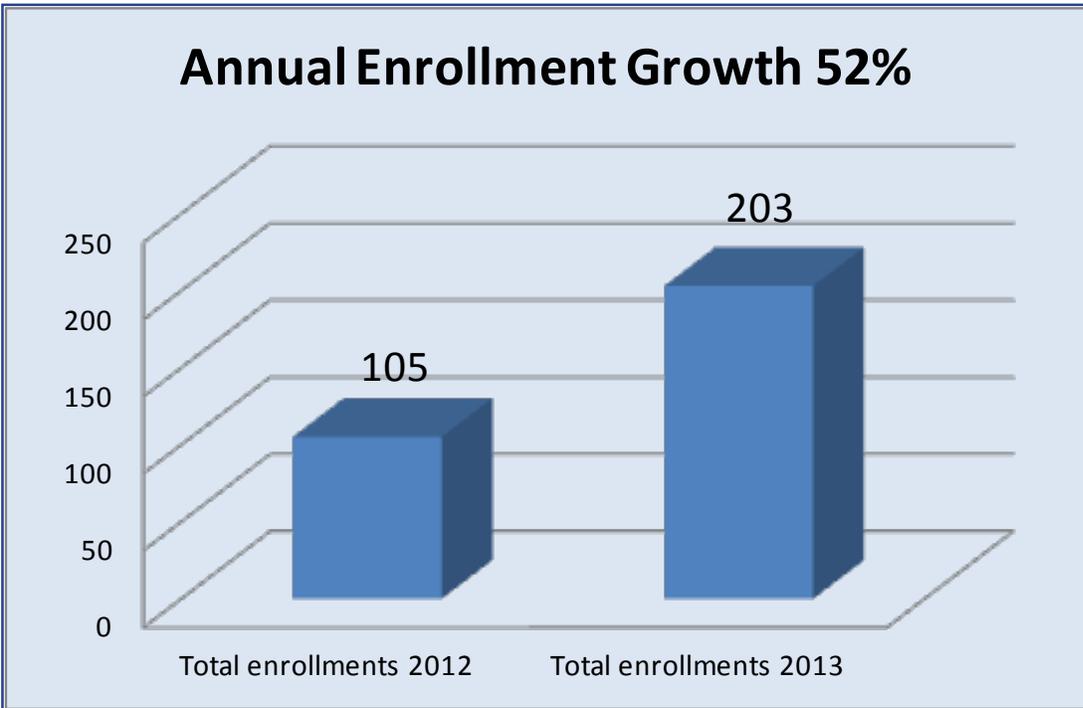


32 SAA on-going monitoring for quality management

# Our Programs are Growing

## Enrollment Growth

The enrollment census for 2013 is 1087 participants which showed continual growth of PACE enrollments for the entire PACE sites in Virginia. Enrollment grew 52% in 2013.



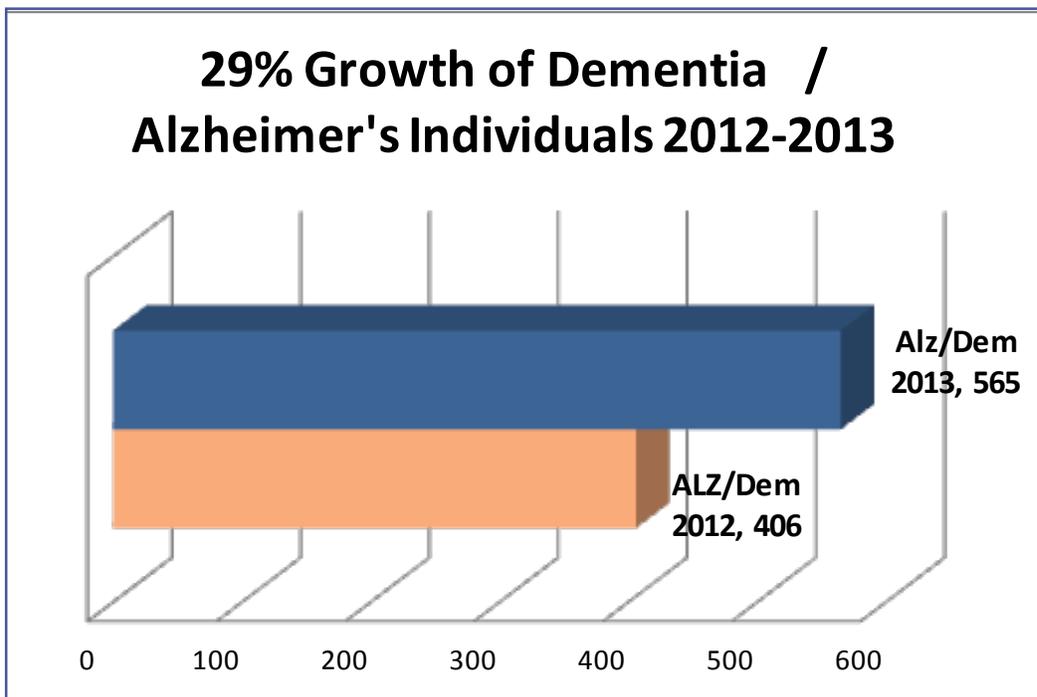
PACE continues to strengthen its services and is developing customer loyalty.



*“Gives us peace of mind that her healthcare is being looked at properly.”*

# Innovations

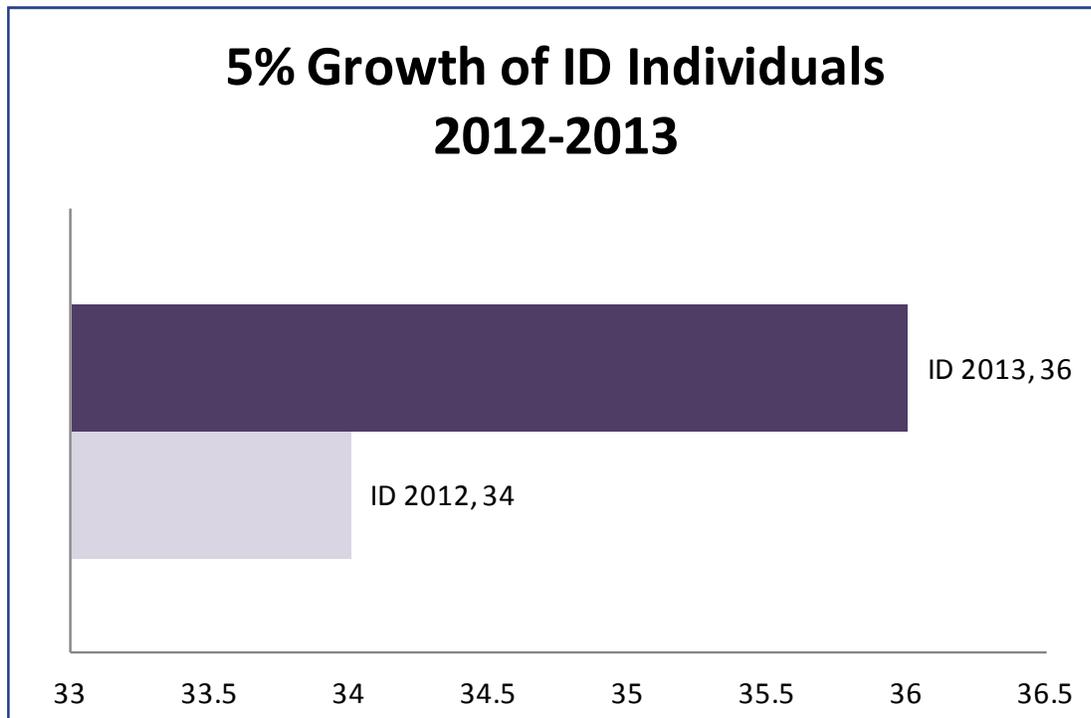
A cornerstone of PACE is the creativity that enables individuals to remain in the community. Virginia PACE programs have excelled by creating opportunities for individuals with Dementia including Alzheimer's disease and behavioral health disabilities. For example, they offer special services to address the needs of individuals requiring extra cognitive support and safety for their wandering behavior. Virginia PACE programs are successfully serving individuals with challenging behaviors, substance abuse issues, and conditions that require psychiatric care coordination and mental health behavioral support. The chart below provides the number of participants with the diagnosis of Dementia including Alzheimer's type.



*“Helped to ease my loneliness, best thing I ever had in my life.”*

# Future Service Needs

The growing number of enrolled participants with intellectual disabilities (ID) is significant. The PACE philosophy blends well with the person centered philosophy in that PACE is committed to meeting the individual's life long needs. DMAS looks forward to PACE becoming an even greater resource to the disability community.



\*\*Information collected for this report was obtained from the HPMS database with the exception of data collection for the diagnosis of intellectual disabilities and Dementia including Alzheimer's type which was collected by the State Administering Agency from each PACE site for year 2013.

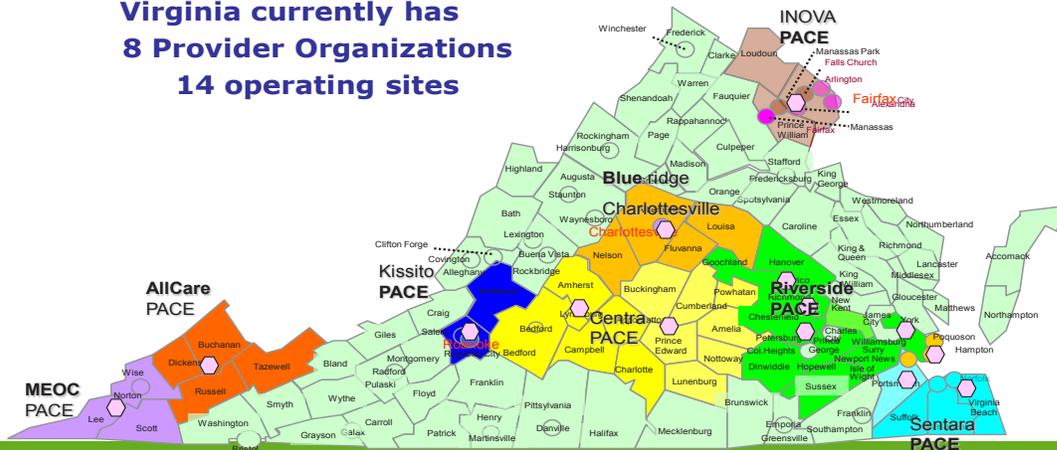
As we continue to identify underserved areas in Virginia, ultimately reaching as many individuals in Virginia who can benefit from PACE services then we have accomplished our Agency's mission "To provide a system of high quality and comprehensive health services to qualifying Virginians and their families."

## Wonderful Recognition News for the Commonwealth!

CMS Philadelphia/Region 3 recognized Virginia as the only State in the region to have 2 PACE providers with no deficiencies in their first year of operation.

## Virginia PACE in 2014

**Virginia currently has  
8 Provider Organizations  
14 operating sites**



<http://dmasva.dmas.virginia.gov/>

11

1/13/14

## Goals for PACE 2014

- Virginia PACE will expand to 8 Provider Organizations with 14 PACE sites throughout the Commonwealth.
- Opportunities for PACE expansions through the RFA process
- Explore services offered for intellectual disabilities populations (agency priority by 2015)
- Oversight will continue for the PACE sites quality programs



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# PACE

Program of All-Inclusive Care for the Elderly

Since 2007, over

**1500**

Individuals have participated in PACE



**89%**

Are dual enrollees

## PACE Sites are located in

Cedar Bluff	Richmond (2)
Big Stone Gap	Petersburg
Roanoke	Newport News
Lynchburg	Hampton
Farmville	Virginia Beach
Charlottesville	Portsmouth
Fairfax	

PACE is a program of the Commonwealth of Virginia  
Department of Medical Assistance Services  
Division of Long-Term Care

## Who is Participating?

Live in their own homes/apt.

**98%**

Average age is

**76**

Average number of chronic conditions

**6**

Individuals who meet Nursing Facility Criteria

**100%**

Are Female

**72%**

Are Male

**28%**

Data represents calendar year 2013